

Signature Breakfasts

THE FORKS AND GREEN / 14.9

Warm toasted sourdough, smoked streaky bacon, grilled Cumberland sausages, scrambled egg, golden potatoes, roasted cherry tomatoes, Portobello mushroom, baked beans, topped with microgreens

Add smashed avocado / 3

CANADIAN BREAKFAST / 15.9

Homemade fluffy pancakes, smoked streaky bacon, grilled Cumberland sausage, scrambled egg, smashed avocado, maple syrup drizzle and mixed fruit

MEDITERRANEAN BREAKFAST / 14.9

Free range organic eggs on, garlic beef sujuk sausages, grilled halloumi, olives, feta cheese pastry roll, hummus dressed with olive oil and sumac. With a side of honey butter, served with warm toasted sourdough

SHAKSHUKA / 14.5

Free range poached egg on mildly spiced tomato sauce, grilled peppers and cheese, served with warm toasted sourdough

Add sujuk sausage / 3, Add avocado / 3

AMERICAN BREAKFAST / 13.5

Homemade fluffy pancakes, smoked streaky bacon, salted butter with chocolate, maple syrup and fruit compote

KIND BREAKFAST (VEGAN) / 14.9

Warm toasted sourdough, vegan sausage, smashed avocado, golden potatoes, ratatouille, beans, roasted cherry tomatoes, Portobello mushroom, hummus, polenta fritters, topped with micro greens

BONJOUR F&G / 16.9

French toast, chocolate wafer, mixed fruits, smoked streaky bacon, house beans, grilled Cumberland sausage, fried egg, portobello mushroom, cherry tomatoes, baby potatoes and watercress salad

THE BREAKFAST STACK / 14.5

Layers of pancakes served with Cumberland sausage, streaky bacon, fried egg, mixed fruits, clotted cream, chocolate wafer and cotton candy

All Breakfasts are available with Halal Options

Let's Brunch

CLASSIC SALT BEEF BAGEL / 16.5

Gherkin mustard sauce, rocket salad & pickles, served on warm bagel with chips

SALT BEEF HASH / 16.9

Salt beef served with slow cooked baby potatoes, carrots, baby spinach, red onions, poached egg & gravy

CHICKEN & WAFFLE / 15.9

Spiced southern fried chicken on a vanilla and cinnamon waffle, fried egg, maple syrup

Add bacon / 3

BREAKFAST BITE BAGUETTE / 14.9

Cumberland sausage, streaky bacon, scrambled eggs & brown sauce

Add melted cheese / 1.5

THE NEW YORK BURGER / 15.9

Lightly marinated smashed beef patty with cajun mayonnaise, lettuce, tomato, caramelised onions, fresh onions, melted cheddar cheese, turkey bacon, gherkin mustard sauce & onion rings & served with chips

Add fried egg / 2.5

CAJUN CHICKEN BURGER / 14.9

Tomato & garlic marinated chicken breast with cajun mayonnaise, lettuce, tomato, caramelised onions, fresh onions & melted cheddar cheese, served with chips

Add gherkin mustard sauce / 1

COW'S THAT (V) (VEGAN) / 15.9

Plant based patty topped with vegan cheese, smashed avocado, fried onion ring, tomato, lettuce, sriracha and avocado mayo, served with chips

GRILLED CHICKEN & HALLOUMI SALAD / 13

Mixed leaves topped with grilled halloumi, olives and avocado, in creamy cilantro and lemon dressing

CHICKEN CAESAR SALAD / 13

Grilled chicken, romaine lettuce, Parmesan cheese, and Caesar dressing

BELUGA LENTIL SALAD (V) / 11

Rich beluga lentil, slow cooked baby potato, feta cheese baby tomato, balsamic glaze, mixed leaves with creamy cilantro and lemon dressing

Make it Vegan, ask us how!

LAMB STEAK BAGUETTE / 15

With crunchy peppers, cheddar cheese, mexican salsa, served with chips

CLASSIC TUNA MELT / 14

Tuna and sweet corn mixed with red onion and mayonnaise, in a stone baked sourdough baguette, served with chips

On Sourdough

EGGS BENEDICT / 13.9

Poached eggs, bacon & hollandaise sauce

Halal Option available

SMOKED SALMON / 13

Artisan sourdough bread, smashed avocado, baby rocket, free range scrambled eggs, smoked salmon, homemade red onion pickle, black sesame seeds, micro greens & sumac

Add hollandaise / 2

HALLOUMI & BABY SPINACH (V) / 12.5

Artisan sourdough bread, extra virgin olive oil, slow cooked baby spinach, halloumi, free-range scrambled eggs, black sesame seeds, lemon zest & sumac

Add hollandaise Sauce / 2

MUSHROOM & FETA / 11.9

Artisan sourdough bread, avocado, feta cheese, slow cooked mushroom, baby rocket, micro greens & sumac

Add scrambled eggs / 3

BRUCHETTA (V) / 11.9

Datterino tomatoes, creamy stacciatella cheese and basil pesto

SOUP OF THE DAY / 9

Served with toasted sourdough

For the Kids

JUNIOR F & G BREAKFAST / 7

Cumberland sausage, beans, chips, mixed fruit

KIDS CANADIAN BREAKFAST / 8

Homemade pancake, scrambled egg, Cumberland sausage, mixed fruit

KIDS CHICKEN & WAFFLE / 7

CHEESY BEEF BURGER & CHIPS / 8

Lettuce, tomato, mayo

CHEESY CHICKEN BURGER & CHIPS / 7.9

Lettuce, tomato, mayo

KIDS CHEESY PASTA / 5

Add tomato sauce / 2

BABYCINO / 1

KIDS APPLE JUICE / 2

Italian Signatures

MARGHERITA CLASSICA (V) / 12.9

Roman Flatbread with homemade tomato sauce, melted mozzarella cheese & fresh basil

KIND FARMER (V) / 14.9

Roman Flatbread with grilled aubergine, courgettes, peppers, melted mozzarella cheese & basil pesto

GRANDMA'S MEATBALLS / 14.9

Roman Flatbread with homemade tomato sauce, meatballs, melted mozzarella cheese & parmesan

CARBONARA / 14.9

Fresh rigatoni pasta, egg yolk, pecorino cheese, black pepper & turkey bacon

TAGLIATELLE BOLOGNESE / 14.9

Slow cooked beef in a rich Bolognese sauce

CACIO E PEPE (V) / 15.5

Fresh tonnarelli pasta in a velvety sauce, finished with pecorino cheese & black pepper

CREAMY CHICKEN & RATATOUILLE PENNE PASTA / 15

Topped with parmesan, fresh parsley and lemon zest

PORTOBELLO MUSHROOM&PESTO PASTA (V) / 12

Topped with olive oil, Spinach, fresh parsley and lemon zest

Add a grilled chicken / 4

Sides

ROASTED POATOES (V) (GF) / 5.9

SPINACH (V) (GF) / 6.5

BROCCOLI (V) (GF) / 5.9

CHIPS / 4

CHEESY CHIPS / 5

DISCO CHIPS / 6

MEATY DISCO CHIPS / 7

HOUSE BEANS / 3

GRILLED HALLOUMI / 5

MIXED SALAD / 4.5

OLIVES / 4

FORKS BY GREEN

BREAKFAST & BRUNCH

 New

(V) Vegetarian

Desserts



FRENCH TOAST / 13.9

Cinnamon glazed, mixed fruits, chocolate wafer, maple syrup, icing sugar & clotted cream

BISCOFF PANCAKES / 13.5

Layers of pancakes served with Biscoff biscuit crumbs, salted caramel sauce, clotted cream & Biscoff Biscuit

Add banana slices / 1.5

F&G SWEET PANCAKES / 13

Homemade fluffy pancakes, topped with mixed fruit compote, ice cream and almond flakes

NUTELLA & BANANA PANCAKES / 13

Homemade fluffy pancakes, topped with mixed fruits

CARROT CAKE / 5.5

HOMEMADE CHOCOLATE BROWNIE / 5

With ice cream or custard

BLUEBERRY & LEMON CAKE / 7

CHURROS / 5

Served with Nutella

ICE CREAM SELECTION

One scoop / 3.9

Two scoop / 4.9

Soft Drinks



COKE / 3

COKE ZERO / DIET COKE / 3

SPRITE / 3

FANTA / 3

STILL WATER SMALL / 2.5

STILL WATER LARGE / 4

SPARKLING WATER SMALL / 2.5

SPARKLING WATER LARGE / 4

FRESH ORANGE JUICE / 4.5

FRESH APPLE JUICE / 3.5

ROSE LEMONADE / 3

VICTORIAN LEMONADE / 3

OREO MILKSHAKE / 6

F&G x Novus Tea



ENGLISH BREAKFAST / 3.2

EGYPTIAN MINT / 3.2

DRAGONWELL GREEN / 3.2

EARL GREY / 3.2

Free hot water top up

F&G Specials



HOT CHOCOLATE / 3.5

SALTED CARAMEL

CHOCOLATE / 4

MATCHA LATTE / 4

CHAI LATTE / 4

ADD ESPRESSO / 0.5

F&G x Union Coffee



ESPRESSO / 3

AMERICANO / 3

FLAT WHITE / 3.5

LATTE / 3.5

CAPPUCINO / 3.5

ESPRESSO MACCHIATO / 3.5

MOCHA / 3.8

ICED COFFEE / 3.5

SYRUPS / 0.5

Caramel, Hazelnut, Vanilla, Honey

ALTERNATIVE MILK AVAILABLE

Soya, Oat, Almond, Coconut

Smoothies



MERRY BERRY / 6

Blackberry, strawberry, raspberry, blueberry, banana

STRAWBERRY SPLIT / 6

Strawberry, banana

TROPICAL CRUSH / 6

Passion fruit, papaya, mango, pineapple

AVO-GO-GO / 6

Avocado, mango, spinach, broccoli, coconut, ginger, lime

Mocktails



FRUIT FUSION / 7

Caramel Syrup, Apple juice, Pineapple Juice, Cranberry Juice, Lemon

VIRGIN COLADA / 7

Pineapple Juice, Lime Juice, Coco Coconut Cream, Double Cream

VIRGIN FROZEN DAIQUIRI / 7

Choose between Strawberry, Peach or Passion Fruit

FLAVOUR BLAST / 7

Blueberry, Raspberry, Cranberry Juice, Lime Juice, Blueberry Monin,, Simple syrup, Lemongrass Syrup

Beers



MORETTI / 4.9

PERONI / 4.9

CORONA / 4.9



For a delightful wine selection to complement your meal, kindly ask your waiter for our complete wine list.

Cocktails



PORNSTAR MARTINI / 11

Absolut Vanilla Vodka, Passoa, Passion Fruit Puree, Vanilla Syrup, Lime Juice, Shot of Prosecco

NEGRONI / 10

Gin, Campari and Sweet Vermouth

MOJITO / 11

Choose between Strawberry, Peach and Passion Fruit or Lychee flavours

LYCHEE MARTINI / 11

Raspberry Vodka, Lychee Liqueur, Lemon Juice, Simple Syrup

KIWI KI-KICK / 11

Gin, Elderflower, lime juice, simple syrup, kiwi, cucumber

BELLINI / 9.5

Choose between Strawberry, Passion Fruit, Peach or Lychee flavours

ESPRESSO MARTINI / 8

Vodka, coffee liqueur, and espresso

MIMOSA / 8

Blend of champagne and fresh orange juice

Spirits



VODKA

Absolut / S 6.5 / D 8.5

Ciroc / S 7.5 / D 9.5

GIN

Beefeater / S 6.5 / D 8.5

Hendricks / S 8 / D 10

RUM

Barcardi / S 5.5 / D 7.5

Havana Club 7 / S 6.5 / D 8.5

COGNAC

Hennessy / S 7 / D 9.5

WHISKEY

Jack Daniels / S 6.5 / D 8

Johnnie Walker Black Label / S 6.5 / D 8

Woodford Reserve / S 7 / D 9

MIXERS

Soft drink mixers / 1.5

Red Bull mixer / 2