

# FORKS AND GREEN

BREAKFAST | LUNCH

## PASTA & PINSA

SPAGHETTI BOLOGNESE 15.4

CREAMY CHICKEN &  
RATATOUILLE PENNE 13.4

PORTOBELLO MUSHROOM  
& PESTO PENNE 12.5

Add chicken 4

PINSA MARGHERITA

Roman Flatbread with homemade tomato sauce,  
melted mozzarella cheese, topped with fresh arugula 12.5

## ON SOURDOUGH

Eggs are served as poached, please request for scrambled or fried

Add Ons:

Beans 3.5 / Sausage 3.5 / Bacon 3.5 / Hollandaise Sauce 2

EGGS YOUR WAY

Fried, poached, scrambled 8

Add Beans 3.5 / Add Smashed Avocado 3.5 / Add Bacon 3.5

Add Sausage 3.5 / Add Hollandaise Sauce 2

EGGS BENEDICT

Poached eggs, bacon & hollandaise sauce 12.5

Halal Option available

SMOKED SALMON EGGS

Smashed avocado, smoked salmon,  
black sesame seeds, hollandaise sauce 13.4

EGGS FLORENTINE (V)

Grilled halloumi, baby, spinach & hollandaise sauce 12.5

MUSHROOM & FETA (V)

Portobello mushroom, hummus,  
feta cheese, cherry tomato 11.6

Make it vegan, ask us how!

LAMB STEAK MELT SANDWICH

Garlic aioli, Mexican salsa, cheese 14.3

Add Chips 4.4

TUNA MELT SANDWICH

Red onion, cheese 10.7

Add Chips 4.4

## SIGNATURE BREAKFASTS

FORKS AND GREEN BREAKFAST

Sourdough, smoked streaky bacon,  
Cumberland sausage, scrambled egg,  
golden potatoes, roasted cherry tomatoes,  
Portobello mushroom, beans 14.3

Add Smashed Avocado 3.5

Add Two Pancakes 4.4

Add French Toast 4.4

MEDITERRANEAN BREAKFAST

Scrambled egg, garlic beef sujuk sausages,  
grilled halloumi, olives, feta cheese pastry roll,  
hummus, honey butter, sourdough 14.3

KIND BREAKFAST (VEGAN)

Sourdough, vegan sausage, smashed avocado,  
golden potatoes, ratatouille,  
roasted cherry tomatoes, Portobello mushroom,  
hummus, beans 14.3

SHAKSHUKA (VF)

Poached egg on mildly spiced tomato sauce,  
peppers, topped with cream cheese,  
served with sourdough 14.3

Add Sujuk Sausage 3.5

Add Feta Cheese 2.5

CANADIAN BREAKFAST

Homemade fluffy pancakes, smoked streaky bacon,  
Cumberland sausage, scrambled egg, smashed  
avocado, maple syrup drizzle, 15.2

CHICKEN & WAFFLE

Spiced southern fried chicken,  
fried egg, maple syrup 15.2

Add Bacon 3.5

Breakfasts are available

with Halal Options

## SALADS

GRILLED CHICKEN &  
HALLOUMI SALAD

Olives, creamy cilantro and lemon dressing 13.4

CHICKEN CAESAR SALAD 13.4

BELUGA LENTIL SALAD (V)

Golden potatoes, cherry tomato, creamy cilantro and  
lemon dressing, balsamic glaze 12.5

SMOKED SALMON SALAD

Cucumber, red onions, olive oil and lemon dressing 13.4

## BURGERS

THE NEW YORK  
BEEF BURGER

Gherkin mustard, salad, tomato,  
cajun mayonnaise, chips 15.2

CAJUN CHICKEN BURGER

Cajun mayonnaise, salad, tomato,  
caramelised onions, chips 14.3

THE BEYOND BURGER (VG)

Vegan cheese, smashed avocado,  
salad, tomato, onion ring,  
sriracha vegan mayo, chips 14.3

## SIDES

ROASTED POTATOES (V) (GF) 5.3

TOASTED SOURDOUGH (V) 3.5

GLUTEN FREE BREAD (V) 3.5

2 FETA CHEESE PASTRY ROLL (V) 4.4

CHIPS (V) 4.4 / Add Cheese 1

DISCO CHIPS

Cheesy chips, topped with fresh Mexican Salsa 6.2

Add Sujuk 2.6

BEANS (V) 3.5

4 GRILLED HALLOUMI (V) 5

MIXED SALAD (V) 4.5

OLIVES (V) 4

## F&G DESSERTS

APPLE CRUMBLE FRENCH TOAST 12.5

Cinnamon apples, homemade crumble, custard

SIMPLE FRENCH TOAST 9.8

Maple syrup, Chantilly cream

Add berry compote 3.5

CARROT CAKE 4.4

VEGAN BLUEBERRY & LEMON CAKE 6.2

HOMEMADE  
CHOCOLATE BROWNIE 5.3

With ice cream or custard

NUTELLA CHURROS 5.3

ICE CREAM SELECTION

One scoop 3.9

Two scoop 5.3

## IDEAL TO SHARE

FRESHLY MADE PANCAKES

Choose from the options below

SWEET AND FRUITY 13.4

Mixed berry compote, fresh fruit, ice cream,  
almond flakes, mapple syrup

CREAMY BISCOFF 11.6

Chantilly cream 10.7 / Add banana slices / 1.7

NUTELLA AND BANANA 12.5

Discretionary 10% service charge is added to the bill. If you suffer from  
any food allergies or intolerances, please notify your waiter  
before placing your order. Please note, all our prices include 20% VAT.



Most of our dishes can be made gluten free with substitutes, please ask.  
(V) Vegetarian (VF) Vegan Friendly

# FORKS AND GREEN

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## F&G X COFFEE

- ESPRESSO 3
- AMERICANO 3
- FLAT WHITE 3.5
- LATTE 3.5
- CAPPUCINO 3.5
- ESPRESSO MACCHIATO 3.5
- MOCHA 3.8
- ICED COFFEE 3.5
- SYRUPS 0.5  
Caramel, Hazelnut, Vanilla, Honey
- ALTERNATIVE MILK AVAILABLE  
Soya, Oat, Almond, Coconut

## SOFT DRINKS

- COKE 3
- COKE ZERO / DIET COKE 3.5
- SPRITE 3.5
- FANTA 3.5
- STILL WATER Small 2.5
- STILL WATER Large 4
- SPARKLING WATER Small 2.5
- SPARKLING WATER Large 4
- FRESH ORANGE JUICE 4.5
- FRESH APPLE JUICE 3.5
- ROSE LEMONADE 3.5
- VICTORIAN LEMONADE 3.5
- OREO MILKSHAKE 6.2

## F&G X TEA

- ENGLISH BREAKFAST 3.5
- EGYPTIAN MINT 3.5
- DRAGONWELL GREEN 3.5
- EARL GREY 3.5
- CHAMOMILE 3.5
- Free Hot Water Top Up

## F&G SPECIALS

- HOT CHOCOLATE 3.5
- SALTED CARAMEL CHOCOLATE 4
- MATCHA LATTE 4
- CHAI LATTE 4
- STRAWBERRY CHOCOLATE 4.4
- ADD ESPRESSO 0.5

## SMOOTHIES

- MERRY BERRY 6  
Blackberry, strawberry, raspberry,  
blueberry, banana
- STRAWBERRY SPLIT 6  
Strawberry, banana
- TROPICAL CRUSH 6  
Passion fruit, papaya, mango,  
pineapple
- AVO-GO-GO 6  
Avocado, mango, spinach, broccoli,  
coconut, ginger, lime

## SPIRITS

- VODKA  
S 6.2 / D 8
- GIN  
S 6.2 / D 8
- RUM  
S 5.3 / D 8
- WHISKEY  
S 6.2 / D 8

## BEERS

- MORETTI 5.3
- PERONI 4.4
- CORONA 5.3
- ALCOHOL FREE BEER 3.5
- KOPPABERG 4.4
- KOPPABERG ALCOHOL FREE 3.5

## CLASSIC COCKTAIL

- PORNSTAR MARTINI 12.5  
Absolut Vanilla Vodka, Passoa, Passion Fruit Puree,  
Vanilla Syrup, Lime Juice, Shot of Prosecco
- LYCHEE MARTINI 12.5  
Raspberry Vodka, Lychee Liqueur,  
Lemon Juice, Simple Syrup
- APEROL SPRITZ 10.5  
Aperol, Soda Water, Prosecco
- BELLINI 9.8  
Choose between Strawberry, Passion Fruit,  
Peach or Lychee flavours
- ESPRESSO MARTINI 8  
Vodka, coffee liqueur, espresso
- MARGARITA 11  
Tequila, Cointreau, Lime Juice, Agave Syrup
- MIMOSA 8
- BELLINI 9.8

## MOCKTAILS

- FRUIT FUSION 6.2  
Caramel Syrup, Apple juice, Pineapple Juice,  
Cranberry Juice, Lemon
- VIRGIN COLADA 8  
Pineapple Juice, Lime Juice,  
Coconut Cream
- VIRGIN FROZEN DAIQUIRI 8  
Choose between Strawberry,  
Peach or Passion Fruit
- VIRGIN BLOODY MARY 6.2  
Chilli tomato juice, celery salt

*For a delightful wine selection to  
complement your meal, kindly ask your  
waiter for our complete wine list.*